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flexibility that military planners have to decrease the enlisted population. DOD guidance requires military personnel requirements to be periodically evaluated. DOD conducted a comprehensive update of GFO requirements in 2003 and concluded that the department needed more GFOs than were authorized by Congress.

GAO-14-745, MILITARY PERSONNEL: DOD Needs to Update ...

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Energy requirements of military personnel (Soldiers, Sailors, Airmen, and Marines) have been measured in garrison and in field training under a variety of climatic conditions. Group mean total energy expenditures for 424 male military personnel from various units engaged in diverse missions ranged from 13.0 to 29.8 MJ (3109-7131 kcal) per day.

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